

YOUNG PERSON PEER SUPPORT (YPPS)

Program Overview

Young Person Peer Support (YPPS) is a program providing peer support services for any young person with substance use concerns or substance use disorders (SUD) and who may have co-occurring mental health and/or physical health conditions. Services are provided at the young person's home and/or in the community and include weekly face-to-face connections. Evening and weekend hours are available to meet the needs of the young person. After hours emergency plans will be arranged on an individualized basis.

Target Population

YPPS is for individuals ages 14-17 years old with substance use concerns or substance use disorders (SUD) and who may have co-occurring mental health and/or physical health conditions.

Length of Service

Lengths of service are individualized with the young person remaining engaged with their Peer Support Specialist until sufficient progress has been made in meeting goals outlined on their Recovery Support Plan.

Program Coverage and Providers

YPPS is available to young people statewide through geographically dispersed teams at two different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to the city listed below.

Geographic Region	Agency Contact
Bridgeport, Norwalk, Milford, New Haven, Danbury, Torrington, Waterbury	Connecticut Community for Addiction Recovery (CCAR) Contact: (475) 241-3388
Hartford, Manchester, Middletown, Norwich, Willimantic, New Britain, Meriden	Advocacy Unlimited (AU) Contact: (888) 996-9667 or text "INSPIRE" to 51555

Referrals

Referrals can be made on behalf of a young person or the young person can self-refer to the program. To make a referral, contact the team covering that region.

Program Contact

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